

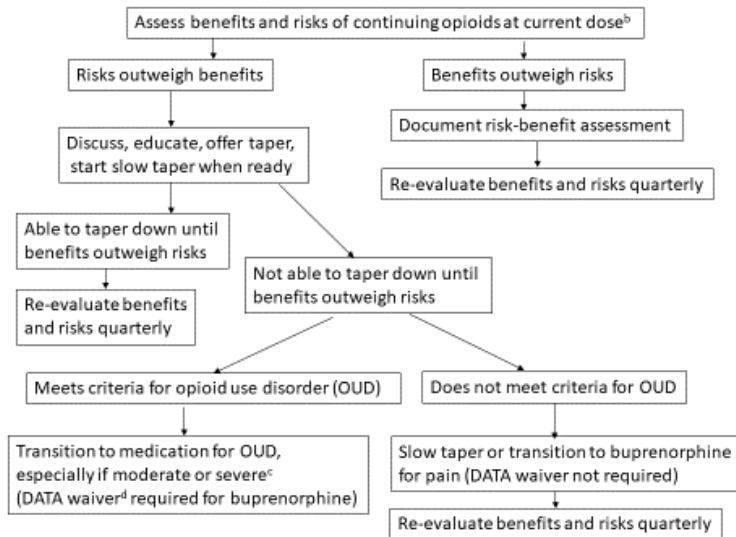
Supplementary Online Content

Dowell D, Compton, WM, Giroir BP. Patient-centered reduction or discontinuation of long-term opioid analgesics: the HHS guide for clinicians [published online October 10, 2019]. *JAMA*. doi:10.1001/jama.2019.16409

Supplement. Opioid tapering flowchart

This supplementary material has been provided by the authors to give readers additional information about their work.

FIGURE: Opioid Tapering Flowchart^a



^aAdapted with permission from Oregon Pain Guidance. Tapering – Guidance & Tools. Available at <https://www.oregonpainguidance.org/guideline/tapering/>.

^bImportant considerations include whether the use of opioids continues to meet the patient’s treatment goals, whether opioids are increasing the patient’s risk for serious adverse events, whether benefits of opioids continue to outweigh risks, and whether opioids can be reduced or discontinued in a safe manner¹

^cMost clinical trials for opioid use disorder (OUD) treatment were conducted among patients diagnosed based on criteria for opioid dependence using DSM-IV and earlier editions. To apply these results to DSM-5 is somewhat imprecise; however, research suggests that DSM-IV opioid dependence corresponds most closely to DSM-5 OUD of moderate or greater severity (Compton WM, Dawson DA, Goldstein RB, Grant BF. Crosswalk between DSM-IV dependence and DSM-5 substance use disorders for opioids, cannabis, cocaine and alcohol. *Drug Alcohol Depend.* 2013;132(1-2):387–390. doi:10.1016/j.drugalcdep.2013.02.036).

^dTo prescribe buprenorphine for treatment of opioid use disorder under the Drug Addiction Treatment Act of 2000 (DATA 2000), clinicians must obtain required training (8 hours for physicians and 24 hours for NPs, PAs, CNSs, CRNAs, and CNMs) and obtain a waiver from the Drug Enforcement Administration. Trainings meeting the requirements and additional instructions for obtaining the waiver are listed on the Substance Abuse and Mental Health Services Administration website at <https://www.samhsa.gov/medication-assisted-treatment/training-materials-resources/apply-for-practitioner-waiver>.