

## Supplementary Online Content

Safren SA, Sprich S, Mimiaga MJ, et al. Cognitive behavioral therapy vs relaxation with educational support for medication-treated adults with ADHD and persistent symptoms: a randomized controlled trial. *JAMA*. 2010;304(8):875-880.

**eTable.** Additional Details of Medication Treatment by Condition

This supplementary material has been provided by the authors to give readers additional information about their work.

**eTable.** Additional Details of Medication Treatment by Condition

	<b>CBT</b> (n=43)	<b>RES</b> (n=43)
Stimulant monotherapy	27	25
Short-acting stimulants	15 (55.6%)	10 (40%)
Long-acting stimulants	12 (44.4%)	13 (52%)
Transdermal patch (Methylphenidate)	0	2 (8%)
Stimulant duotherapy	6	7
Long-acting + Short-acting stimulant	5 (83.3%)	7 (100%)
2 Different Short-acting stimulants	1 (16.7%)	0
Duration of treatment <sup>1</sup>		
≥ 2 months but < 3 months	13 (30.2%)	8 (18.6%)
≥ 3 months but < 6 months	4 (9.3%)	12 (27.9%)
≥ 6 months but < 9 months	9 (20.9%)	9 (20.9%)
≥ 9 months but < 12 months	2 (4.7%)	1 (2.3%)
≥ 12 months	15 (34.9%)	11 (25.6%)
Did not specify	0	2 (4.7%)

<sup>1</sup>Duration of treatment is reported for participants' primary ADHD medication.