Data Sharing Statement

Kaplan. Effect of Light Flashes vs Sham Therapy During Sleep With Adjunct Cognitive Behavioral Therapy on Sleep Quality Among Adolescents. JAMA Netw Open. Published September 25, 2019. 10.1001/jamanetworkopen.2019.11944

Data
Data available: Yes
Data types: Deidentified participant data
How to access data: All data are contained within the manuscript. Additional clarification can be obtained from the corresponding author, jzeitzer@stanford.edu
When available: With publication

Supporting Documents
Document types: None

Additional Information
Who can access the data: anyone requesting the data
Types of analyses: for any purpose
Mechanisms of data availability: with a signed data access agreement approved by Stanford University