## **Supplemental Online Content**

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This supplemental material has been provided by the authors to give readers additional information about their work.

### **Appendix A: Descriptive Analyses**

#### **eFigure 1: Flowchart of the POINT Cohort**

N=1514 Completed baseline (n=1514) Lost to follow-up (n=118) Withdrew prior to interview (n=97, 6.4%) Deceased (n=21, 1.4%) Did not complete 1-year follow-up (n=161) Could not be contacted (n=124, 8.2%) Refused (n=37, 2.4%) Completed 1-year follow-up N=1396 92.2% (n=1235, 81.6%) Lost to follow-up (n=37) Withdrew at this time point (n=15, 1.0%) Deceased (n=22, 1.5%) Did not complete 2-year follow-up (n=82) Could not be contacted (n=79, 5.2%) Refused (n=3, 0.2%) Completed 2-year follow-up N=1359 89.8% (n=1277, 84.3%) Lost to follow-up (n=58) Withdrew at this time point (n=19, 1.3%) Deceased (n=39, 2.6%) Did not complete 3-year follow-up (n=90) Could not be contacted (n=79, 5.2%) Completed 3-year follow-up Refused (n=11, 0.7%) N=1301 85.9% (n=1211, 80.0%) Lost to follow-up (n=41) Withdrew at this time point (n=16, 1.1%) Deceased (n=25, 1.7%) Did not complete 4-year follow-up (n=43) Could not be contacted (n=29, 1.9%) Refused (n=14, 0.9%) Completed 4-year follow-up N=1260 83.2% (n=1217, 80.4%) Lost to follow-up (n=59) Withdrew prior to interview (n=31, 2.0%) Deceased (n=28, 1.8%) Did not complete 5-year follow-up (n=76) Could not be contacted (n=71, 4.7%) Refused (n=5, 0.3%) Completed 5-year follow-up N=1201 79.3% (n=1126, 74.4%)

eFigure 1: Overview of the POINT cohort retention over 5 years

^Participants were contacted at each wave unless they had withdrawn from the study, or were reported to be deceased, even if not interviewed at the previous wave.

eTable 1: Baseline Characteristics of the POINT Cohort (n=1514)

Demographics	<b>Total (N=1514)</b>		
	No. (%)		
1' (IOD)	50.00 (40.00 (5.00)		
Age, median (IQR)	58.00 (48.00-67.00)		
Sex	(52 (44 22)		
Man	672 (44.39)		
Woman	842 (55.61)		
Employment status			
Unemployed	737 (48.68)		
Employment	285 (18.82)		
Retired	469 (30.98)		
SEIFA socio-economic advantage and disadvantage			
Quantile 1 (most disadvantaged)	390 (25.76)		
Quantile 2	312 (20.61)		
Quantile 3	359 (23.71)		
Quantile 4	257 (16.97)		
Quantile 5 (most advantaged)	196 (12.95)		
Living in a major city <sup>a</sup>	760 (50.20)		
Pain and Physical Health			
Years living with pain, median (IQR)	10.00 (4.54-20.00)		
Pain severity score, mean (SD)	5.08 (1.79)		
Pain interference score, mean (SD)	5.72 (2.26)		
Pain self-efficacy score, mean (SD)	29.19 (13.44)		
Intermediate/high PODS	50.53 (765)		
Pain conditions in past year			
Arthritis or rheumatism	1015 (67.04)		
Back or neck problems	1206 (79.66)		
Frequent/severe headaches	679 (44.85)		
Visceral	497 (32.83)		
No. chronic pain conditions in the past 12 months, median (IQR)	2.00 (1.00-3.00)		
Short Form-12 physical health score, median (IQR)	26.52 (22.25-31.09)		
Years using prescribed opioids, median (IQR)	4.00 (1.58-10.00)		
Mental health and substance use history	(1.20 10.00)		
Moderate/severe depression (PHQ)	706 (46.63)		
Moderate/severe anxiety (GAD)	342 (22.59)		
Childhood abuse/neglect	793 (52.38)		
Lifetime ICD-10 substance dependence <sup>b</sup>	317 (20.94)		
Overdosed in the past 12 months	42 (2.77)		
Abbreviations: GAD, general anxiety disorder: IOR, interquartile range: PHO	` ` /		

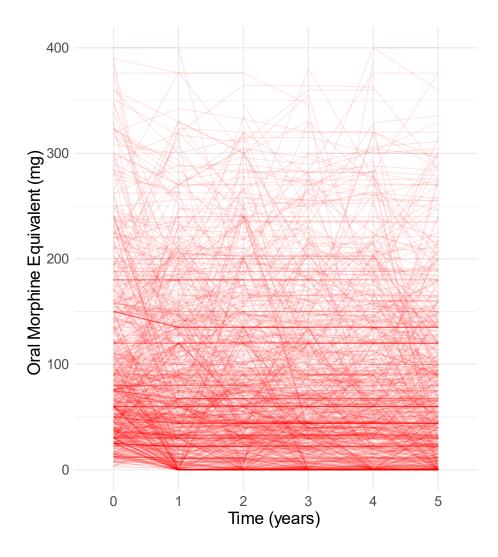
Abbreviations: GAD, general anxiety disorder; IQR, interquartile range; PHQ, patient health questionnaire; POINT, Pain and Opioids IN Treatment; SD, standard deviation.

<sup>&</sup>lt;sup>a</sup>As measured by the Accessibility/Remoteness Index of Australia.

<sup>&</sup>lt;sup>b</sup>International Statistical Classification of Diseases and Related Health Problems, 10th Revision (*ICD-10*).

<sup>&</sup>lt;sup>c</sup>Substances included alcohol, cocaine, heroin, cannabis, methamphetamine, hallucinogens, benzodiazepines, ecstasy, inhalants.

eFigure 2: Individual level trajectories of OME consumption in the POINT cohort over 5 years (N=805)



Abbreviation: OME, oral morphine equivalent; POINT, Pain and Opioids IN Treatment (POINT).

Each person is 1 line, y-axis is oral morphine equivalent (OME) mg per day. This is complete case data.

#### **Appendix B: Missing Data Analysis**

Of the 1514 participants at baseline, 986 had complete data and 137 died throughout the study period (**Table C1**). There were 9084 rows of data for 1514 participants and 6 time periods. As 116 participants had died, these rows (n=390) were censored (N=8694). **Table C2** shows the top 10 patterns of missing data. There were 17 variables that were subject to missingness ranging from 35% missing to 0.07%. In order from highest missing to least these were: *International Statistical Classification of Diseases and Related Health Problems, Tenth Revision (ICD-10)* opioid dependence, *ICD-10* substance dependence, overdose, pain self-efficacy questionnaire, patient concerns about opioid use (PODS), Short form 12 physical component score (SF12), very high OME, employment, tampered with medication or used via other route, requested an increased dose, early script renewal, sold or gave own prescribed opioids to another person, anxiety (GAD), pain interference, depression (PHQ), pain severity, ceased taking schedule eight opioids, child abuse/neglect, and number of years continuously taking opioids. Number of overdoses in the last 12 months, Pain Self Efficacy Questionnaire and *ICD-10* Pharmaceutical Opioid Dependence were not collected during the self-complete year 1 follow-up.

To reduce bias arising from missing data, multiple imputation was conducted using Fully Conditional Specification (FCS)<sup>1</sup> fit with the R-package mice (CRAN).<sup>2</sup> Of the 234 738 datapoints, 28 386 were missing (12%). Previous research suggests that the number of imputations should be determined by the percent of data missing.<sup>3,4</sup> Based on this, we used 20 imputed datasets in order to minimize sampling variability. All variables were included in the imputation with the inclusion of auxiliary variables. Auxiliary variables have been suggested to improve imputation estimation estimates<sup>5,6</sup> and reduce bias in the imputed datasets.<sup>7,8</sup> These variables were the remaining ORBIT items,<sup>9</sup> parental substance use and expected duration to be on opioid medication, both of which were collected at baseline. Imputation performance were assessed comparing density plots of imputed data with observed and by monitoring imputation convergence diagnostics. Results were calculated using Rubin rules.<sup>1</sup>

eTable 2: Missing Data Across Interviews

	Baseline	Year 1	Year 2	Year 3	Year 4	Year 5
	(N=1514)	( 17% attrition)	( 13% attrition)	( 16% attrition)	( 13% attrition)	( 18% attrition)
Variable						
Followed up (n)	1514	1235	1277	1210	1217	1125
Attrition (n)	0	259	194	222	189	252
Mortality (n) (N=137)	0	20	23	39	26	29
Rows missing due to mortality (n)	0	20	43	82	108	137
			Miss	ing, %		
Demographics %						
Age	0	0	0	0	0	0
Sex	0	0	0	0	0	0
Employment status	1.52	25.17	17.34	18.72	18.78	24.76
SEIFA socioeconomic advantage and disadvantage	0	0	0	0	0	0
Living in a major city <sup>a</sup>	0	0	0	0	0	0
Pain and Physical Health %						
Median Years living with pain	0	0	0	0	0	0
Pain severity score	0	17.54	13.32	15.5	13.44	18.3
Pain interference score	0.13	17.6	13.94	15.64	13.51	18.66
Pain self-efficacy score <sup>b</sup>	2.18	100	13.32	15.78	14.37	19.17
Intermediate/high POD	18.1	18.67	13.32	15.64	13.51	19.17
Median Short Form-12 physical health score	21.73	24.36	14.48	17.32	15.01	20.77
Median years using prescribed opioids	0.07	0.07	0.07	0.07	0.07	0.07
Mental health and substance use history %						
Moderate/severe depression (PHQ)	0.2	18.01	13.46	15.71	13.58	18.52
Moderate/severe anxiety (GAD)	0.33	19.28	13.53	16.13	13.58	18.74
Childhood abuse/neglect	6.54	6.36	6.46	6.49	6.4	6.46
Lifetime ICD-10 substance dependence <sup>c</sup>	32.63	32.53	32.63	33.03	32.93	32.97
Overdosed in the past 12 months <sup>b</sup>	10.5	97.66	13.39	15.5	13.44	18.3
Outcomes %						
Very high dose	25.63	18.88	13.6	15.85	13.58	18.45
Requested an increased dose	0.59	20.35	13.39	15.57	13.58	18.74
Early script renewal	0.59	20.21	13.39	15.57	13.58	18.74
Ceased taking opioids	0	18.07	13.32	15.57	13.44	18.3
Tampered with medication or used via other route	0.59	20.28	13.39	15.57	13.66	18.74
Sold or gave own prescribed opioids to another person	0.59	20.55	13.39	15.57	13.73	18.74
ICD-10 – Pharmaceutical Opioid Dependence <sup>b</sup>	6.27	97.66	14.07	15.85	13.87	18.95

Abbreviations: ICD-10, International Statistical Classification of Diseases and Related Health Problems, Tenth Revision; PHQ: Patient Health Questionnaire; GAD General Anxiety Disorder questionnaire.

<sup>&</sup>lt;sup>a</sup>As measured by the Accessibility/Remoteness Index of Australia
<sup>b</sup> Not collected at 1-year follow-up
<sup>c</sup> Substances included alcohol, cocaine, heroin, cannabis, methamphetamine, hallucinogens, benzodiazepines, ecstasy, inhalants.

eTable 3: The 10 Most Cost Common Patterns of Missing Data for Multiple Imputation<sup>a</sup>

Pattern Frequency	Variables	Common 1 at	teering of ivid	but	· Tor Transpic	imputu	1011												No. variables
	ICD-10 - Substance dependence history	ICD-10 - pharmaceutical opioid dependence	Low Pain self-efficacy	Overdose	Patient concerns about their own opioid use	Short Form 12 Physical Function	Very High OME	Employment status	Tampered	Requested an increased dose	Sold or gave own prescribed to another person	Early script renewal	Anxiety (GAD)	BPI: Pain Interference	Depression (PHQ)	Ceased taking opioids	BPI: Pain Severity		
1352	X																		1
697		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		16
619		X	X	X															3
311	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		17
242	X	X	X	X															4
199					X														1
197	X																	X	2
149								X											1
148					X	X	X												3
100	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	18
27516		2850	2850 2444	2850 2444 2415	2850 2444 2415 2316	2850 2444 2415 2316 1768	2850 2444 2415 2316 1768 1651	2850 2444 2415 2316 1768 1651 1542	2850 2444 2415 2316 1768 1651 1542 1527	2850 2444 2415 2316 1768 1651 1542 1527 1187	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180 1172	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180 1172 1141	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180 1172 1141 1141	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180 1172 1141 1141 1130	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180 1172 1141 1141 1130 1121	2850 2444 2415 2316 1768 1651 1542 1527 1187 1182 1182 1180 1172 1141 1141 1130 1121 561

Abbreviations: ICD-10, International Statistical Classification of Diseases and Related Health Problems, Tenth Revision; OME, oral morphine equivalent.

<sup>&</sup>lt;sup>a</sup>Missing data reported in long form with multiple observations per individual. Row totals indicate total number missing for variable; Column totals indicate number missing in specific pattern; X indicates missing data for variable in that pattern

# **Appendix C: Additional Analyses**

eTable 4: Complete Case Analysis of Prevalence, Incidence, and Cessation of a Range of Opioid Use Behaviors

Outcomes	Very high dose	Requested an increased	Early prescription	Ceased taking prescribed
	(≥ 200 mg OME per day)	dose	renewal	opioids
	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
	n=805	$\hat{\mathbf{n}} = 947$	$\hat{n} = 947$	n = 980
Prevalence of this behaviour at				
baseline	13.42 (12.70-14.13)	21.65 (20.74-22.56)	11.62 (10.95-12.28)	
1	12.42 (11.73-13.11)	26.40 (25.39-27.41)	15.63 (14.85-16.40)	10.61 (9.97-11.25)
2	12.92 (12.22-13.62)	15.31 (14.54-16.08)	8.24 (7.67-8.80)	13.88 (13.15-14.61)
3	12.30 (11.61-12.99)	15.73 (14.96-16.51)	8.55 (7.98-9.13)	16.73 (15.93-17.54)
4	11.43 (10.77-12.09)	14.15 (13.41-14.89)	6.02 (5.54-6.50)	20.82 (19.92-21.71)
5	10.06 (9.44-10.68)	8.55 (7.98-9.13)	4.75 (4.32-5.18)	24.49 (23.52-25.46)
Incidence of this behaviour (from previous year) at, y				
1	3.98 (3.58-4.37)	17.21 (16.40-18.02)	10.35 (9.72-10.98)	10.61 (9.97-11.25)
2	3.60 (3.23-3.97)	8.55 (7.98-9.13)	4.12 (3.72-4.52)	7.35 (6.82-7.88)
3	2.73 (2.41-3.06)	10.77 (10.13-11.41)	5.28 (4.83-5.73)	6.12 (5.64-6.61)
4	2.36 (2.06-2.66)	8.24 (7.67-8.80)	3.06 (2.72-3.41)	6.73 (6.23-7.24)
5	2.11 (1.83-2.40)	4.75 (4.32-5.18)	2.64 (2.32-2.96)	6.94 (6.42-7.45)
Cessation of this behaviour (from previous year) at, y				
1	4.97 (4.53-5.41)	12.46 (11.77-13.15)	6.34 (5.84-6.83)	
2	3.11 (2.76-3.45)	19.64 (18.77-20.51)	11.51 (10.85-12.17)	4.08 (3.69-4.48)
3	3.35 (3.00-3.71)	10.35 (9.72-10.98)	4.96 (4.53-5.40)	3.27 (2.91-3.62)
4	3.23 (2.88-3.58)	9.82 (9.21-10.43)	5.60 (5.13-6.06)	2.65 (2.33-2.97)
5	3.48 (3.11-3.84)	10.35 (9.72-10.98)	3.91 (3.52-4.29)	3.27 (2.91-3.62)
Number of yearly interviews on which this behavior occurred				
0	76.40 (74.69-78.11)	46.67 (45.34-48.01)	71.07 (69.42-72.72)	66.02 (64.43-67.61)
1	7.08 (6.56-7.60)	25.34 (24.36-26.33)	15.63 (14.85-16.40)	11.53 (10.87-12.20)
2	4.84 (4.41-5.28)	14.78 (14.03-15.54)	6.12 (5.64-6.61)	6.73 (6.23-7.24)
3	2.36 (2.06-2.66)	8.03 (7.47-8.58)	3.70 (3.32-4.07)	5.31 (4.85-5.76)
4	2.48 (2.18-2.79)	3.48 (3.12-3.85)	1.90 (1.63-2.17)	6.43 (5.93-6.93)
5	2.24 (1.94-2.53)	1.27 (1.05-1.49)	1.27 (1.05-1.49)	3.98 (3.59-4.37)
6	4.60 (4.18-5.02)	0.42 (0.30-0.55)	0.32 (0.21-0.43)	

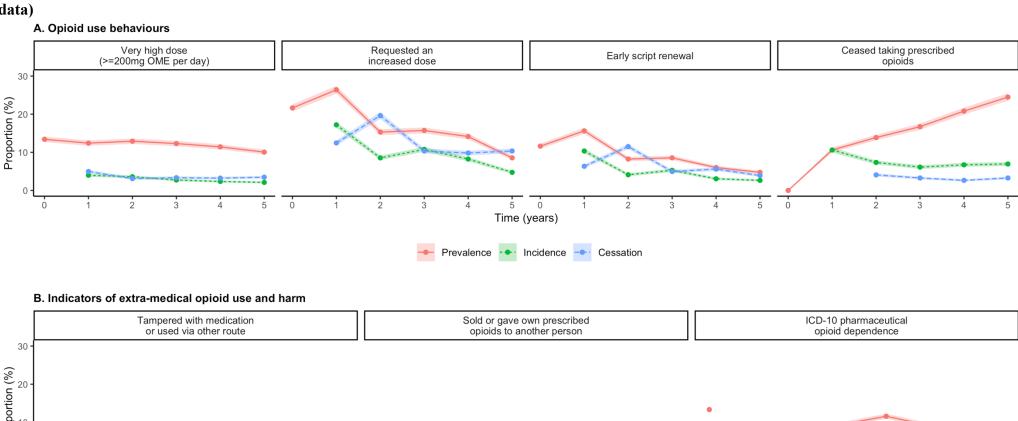
Abbreviation: OME, oral morphine equivalent.

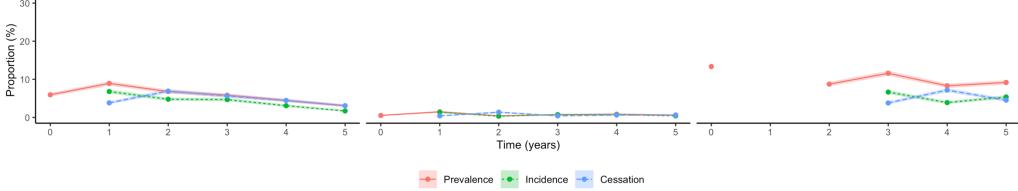
eTable 5: Complete Case Analysis of Prevalence, Incidence and Cessation of a Range of Indicators of Extramedical Opioid Use and Harm

•	Tampered with medication or used via	Sold or gave own prescribed	ICD-10 pharmaceutical opioid
	other route (eg, injection)	opioids to another person	dependence
Outcomes	% (95%CI)	% (95%CI)	% (95%CI)
	N = 941	N = 946	N = 972
Prevalence of this behaviour at, y			
baseline	5.95 (5.47-6.43)	0.53 (0.39-0.67)	16.78 (15.98-17.58)
1	8.93 (8.34-9.51)	1.48 (1.24-1.72)	
2	6.80 (6.29-7.31)	0.42 (0.30-0.55)	11.56 (10.90-12.23)
3	5.84 (5.37-6.32)	0.74 (0.57-0.91)	16.37 (15.58-17.17)
4	4.46 (4.05-4.88)	0.85 (0.67-1.03)	9.68 (9.07-10.29)
5	3.08 (2.74-3.43)	0.63 (0.48-0.79)	7.08 (6.56-7.60)
Incidence of this behaviour (from previous year) at, y			
1	6.80 (6.29-7.31)	1.37 (1.14-1.60)	
2	4.78 (4.35-5.21)	0.32 (0.21-0.43)	
3	4.68 (4.25-5.10)	0.74 (0.57-0.91)	13.70 (12.98-14.42)
4	3.08 (2.74-3.43)	0.74 (0.57-0.91)	4.40 (3.99-4.81)
5	1.70 (1.44-1.96)	0.42 (0.30-0.55)	2.97 (2.63-3.31)
Cessation of this behaviour (from previous year) at, y			
1	3.83 (3.44-4.21)	0.42 (0.30-0.55)	
2	6.91 (6.39-7.42)	1.37 (1.14-1.60)	
3	5.63 (5.17-6.10)	0.42 (0.30-0.55)	8.90 (8.32-9.49)
4	4.46 (4.05-4.88)	0.63 (0.48-0.79)	10.69 (10.05-11.33)
5	3.08 (2.74-3.43)	0.63 (0.48-0.79)	8.91 (8.33-9.49)
Number of yearly interviews on which this behaviour			
occurred			
0	76.73 (75.01-78.44)	96.09 (94.17-98.01)	73.77 (72.08-75.45)
1	16.37 (15.57-17.16)	3.28 (2.92-3.63)	13.79 (13.06-14.51)
2	3.72 (3.34-4.10)	0.53 (0.39-0.67)	5.56 (5.09-6.02)
3	2.13 (1.84-2.41)	0.11 (0.04-0.17)	3.60 (3.23-3.97)
4	0.43 (0.30-0.55)	0.00(0.00-0.00)	2.16 (1.87-2.45)
5	0.64 (0.48-0.79)	0.00(0.00-0.00)	1.13 (0.92-1.34)
6	0.00(0.00-0.00)	0.00(0.00-0.00)	

<sup>&</sup>lt;sup>a</sup> As the 1-year follow-up was a self-completed questionnaire, we did not have data for *ICD-10* pharmaceutical opioid dependence.

eFigure 3: Prevalence, incidence and remission of a range of opioid use behaviors and indicators of extramedical opioid use and harm (complete case data)





As the 1-year follow-up was a self-completed questionnaire, we did not have data for ICD-10 pharmaceutical opioid dependence. This is complete case data.

eTable 6: Percentage of People Engaging in a Behavior on 1 Interview who CEASED That Behavior in the Following Interview (Imputed Data; Percentages are of Those Engaging in the Behaviors at the

**Previous Interview, not the Whole POINT Cohort)** 

% cessation of this behaviour (from previous year) at, y	Very high dose (≥ 200 mg OME per day)
1	52.28 (50.87-53.70)
2	35.41 (34.25-36.58)
3	35.93 (34.76-37.10)
4	33.93 (32.79-35.06)
5 years	39.35 (38.13-40.58)
% cessation of this behaviour (from previous year) at. y	Requested an increased dose
1	62.87 (61.32-64.42)
2	75.17 (73.48-76.87)
3	69.00 (67.38-70.62)
4	68.17 (66.55-69.78)
5	76.62 (74.90-78.33)
% cessation of this behaviour (from previous year) at, y	Early script renewal
1	60.66 (59.14-62.18)
2	74.86 (73.17-76.55)
3	67.17 (65.57-68.76)
4	69.02 (67.40-70.64)
5	74.02 (72.34-75.70)
% cessation of this behaviour (from previous year) at, y	Ceased taking prescribed opioids
1	81
2	42.58 (41.30-43.85)
3	31.21 (30.11-32.30)
4	19.83 (18.96-20.70)
5	21.00 (20.10-21.89)
% cessation of this behaviour (from previous year) at, y	Tampered with medication or used via other route (e.g.
70 cessation of this behaviour (from previous year) at, y	injection)
1	72.21 (70.55-73.87)
2	81.09 (79.33-82.84)
3	81.48 (79.72-83.24)
4	80.63 (78.88-82.38)
5	74.48 (72.80-76.15)
% cessation of this behaviour (from previous year) at, y	Sold or gave own prescribed opioids to another person
1	92.31 (90.50-94.12)
2	94.66 (92.80-96.52)
3	100.00 (98.19-101.81)
4	88.26 (86.53-89.99)
5	79.09 (77.44-80.74)
% cessation of this behaviour (from previous year) at, y	ICD-10 pharmaceutical opioid dependence <sup>a</sup>
1	a
2	
3	55.26 (53.81-56.71)
4	64.44 (62.87-66.00)
5	61.50 (59.97-63.04)

Abbreviation: OME, oral morphine equivalent; POINT, .

<sup>&</sup>lt;sup>a</sup>These are imputed data.

<sup>&</sup>lt;sup>b</sup>As the 1-year follow-up was a self-completed questionnaire, we did not have data for *ICD-10* pharmaceutical opioid dependence.

eTable 7: Percentage of People Engaging in a Behavior on 1 Interview Who CEASED That Behavior

in the Following Interview

% cessation of this behaviour (from previous year) at, y	Very high dose (>=200mg OME per day)
1	37.04 (35.85-38.22)
2	25.00 (24.02-25.98)
3	25.96 (24.97-26.96)
4	26.26 (25.26-27.26)
5	30.43 (29.36-31.51)
% cessation of this behaviour (from previous year) at, y	Requested an increased dose
1	57.56 (56.08-59.04)
2	74.40 (72.71-76.09)
3	67.59 (65.98-69.19)
4	62.42 (60.87-63.96)
5	73.13 (71.46-74.80)
% cessation of this behaviour (from previous year) at, y	Early script renewal
1	54.55 (53.10-55.99)
2	73.65 (71.97-75.33)
3	60.26 (58.74-61.77)
4	65.43 (63.86-67.01)
5	64.91 (63.35-66.48)
% cessation of this behaviour (from previous year) at, y	Ceased taking prescribed opioids
1	81 1
2	38.46 (37.25-39.67)
3	23.53 (22.58-24.48)
4	15.85 (15.08-16.63)
5	15.69 (14.91-16.46)
% cessation of this behaviour (from previous year) at, y	Tampered with medication or used via other route (eg
70 cessation of this behaviour (from previous year) at, y	injection)
1	64.29 (62.73-65.84)
2	77.38 (75.67-79.09)
3	82.81 (81.04-84.58)
4	76.36 (74.67-78.06)
5	69.05 (67.44-70.66)
% cessation of this behaviour (from previous year) at, y	Sold or gave own prescribed opioids to another person
1	80.00 (78.43-81.57)
	92.86 (91.04-94.68)
3	100.00 (98.30-101.70)
	85.71 (84.03-87.39)
5	75.00 (73.41-76.59)
% cessation of this behaviour (from previous year) at, y	ICD-10 pharmaceutical opioid dependence
	10D-10 pharmaceutical opiolu dependence
1	
2	42.27 (/2.22 11.53
3	43.37 (42.09-44.66)
4	61.82 (60.28-63.35)
5	54.43 (52.99-55.87)

<sup>&</sup>lt;sup>a</sup> As the 1-year follow-up was a self-completed questionnaire, we did not have data for *ICD-10* pharmaceutical opioid dependence

eTable 8: Sensitivity Analysis ORBIT Items (Past 3 Month Use Only; Prevalence, Incidence, Number of Interviews)<sup>a</sup>

Outcomes	Requested an increased	Early script renewal	Tampered with	Sold or gave own
outcomes.	dose	Eurly seript renewar	medication or used via	prescribed opioids to
	4000		other route (e.g.	another person
			injection)	% (95%CI)
	% (95%CI)	% (95%CI)	% (95%CI)	
Prevalence of this behaviour at, y				
baseline	21.18 (20.28-22.08)	12.30 (11.61-12.99)	6.89 (6.37-7.40)	0.86 (0.68-1.04)
1	24.92 (23.94-25.89)	14.65 (13.90-15.40)	8.24 (7.67-8.80)	1.45 (1.22-1.69)
2	16.34 (15.55-17.13)	9.18 (8.59-9.78)	6.74 (6.24-7.25)	0.51 (0.37-0.65)
3	17.80 (16.97-18.62)	9.44 (8.84-10.04)	6.26 (5.77-6.75)	0.69 (0.52-0.85)
4	15.27 (14.50-16.03)	7.12 (6.60-7.64)	4.71 (4.29-5.14)	0.82 (0.64-0.99)
5	10.30 (9.67-10.93)	5.61 (5.14-6.07)	3.73 (3.35-4.11)	0.65 (0.49-0.81)
Incidence of this behaviour (from previous year) at, y	,	,		,
1	16.64 (15.84-17.44)	9.59 (8.98-10.20)	6.22 (5.73-6.71)	1.38 (1.15-1.61)
2	9.89 (9.28-10.51)	5.38 (4.93-5.84)	5.19 (4.75-5.64)	0.44 (0.31-0.57)
3	12.24 (11.55-12.92)	6.22 (5.73-6.70)	4.87 (4.43-5.30)	0.70 (0.54-0.87)
4	9.29 (8.69-9.89)	4.19 (3.79-4.59)	3.27 (2.91-3.62)	0.75 (0.58-0.92)
5	6.30 (5.81-6.79)	3.61 (3.24-3.98)	2.46 (2.15-2.77)	0.47 (0.34-0.61)
Cessation of this behaviour (from previous year) at, y				
1	13.05 (12.34-13.76)	7.26 (6.73-7.79)	5.00 (4.56-5.44)	0.83 (0.65-1.01)
2	18.50 (17.66-19.34)	10.61 (9.97-11.25)	6.60 (6.09-7.10)	1.35 (1.12-1.57)
3	11.34 (10.68-12.00)	6.20 (5.71-6.69)	5.56 (5.10-6.02)	0.40 (0.27-0.52)
4	11.78 (11.10-12.45)	6.09 (5.61-6.57)	5.15 (4.71-5.60)	0.65 (0.50-0.81)
5	11.78 (11.10-12.45)	5.08 (4.64-5.52)	3.71 (3.33-4.09)	0.70 (0.54-0.86)
Number of yearly interviews on which this behaviour				
occurred				
0	43.36 (42.07-44.65)	66.80 (65.20-68.40)	74.17 (72.49-75.86)	95.45 (93.54-97.37)
1	27.73 (26.70-28.76)	19.31 (18.44-20.17)	18.34 (17.50-19.18)	3.95 (3.56-4.34)
2	15.80 (15.02-16.58)	6.31 (5.82-6.80)	4.53 (4.11-4.95)	0.50 (0.36-0.63)
3	8.43 (7.86-9.00)	3.82 (3.43-4.20)	1.86 (1.59-2.13)	0.10 (0.04-0.16)
4	3.12 (2.77-3.46)	2.19 (1.90-2.48)	0.51 (0.37-0.65)	0.00 (0.00-0.00)
5	1.18 (0.96-1.39)	1.28 (1.06-1.50)	0.59 (0.44-0.74)	0.00 (0.00 - 0.00)
6	0.39 (0.27-0.52)	0.30 (0.19-0.41)	0.00 (0.00-0.00)	0.00 (0.00-0.00)

<sup>&</sup>lt;sup>a</sup>These are imputed data. Results are based on those who had used opioids within the last 3 months.

eTable 9: Associations Between Demographic and Clinical Variables and Indicators for

Past year Dependence (Years 2-5 Only Imputed Data)<sup>a</sup>

	ICD-10 pharmaceutical opioid dependence
	OR (95%CI)
Demographics	
Aged younger than 58 y	4.08 (2.31- 7.22) <sup>b</sup>
Men	1.55 (0.94- 2.55)
Employment	
Employed	1 [Reference]
Unemployed	0.53 (0.23- 1.25)
Retired	1.36 (0.67- 2.76)
ARIA <sup>c</sup> (Major City)	1.22 (0.72- 2.06)
Pain and Physical Health	
Years living with pain	1.00 (1.00-1.00)
High pain severity (≥7 on BPI)	2.10 (1.21- 3.64) <sup>b</sup>
High pain interference (≥7 on BPI)	3.39 (1.93- 5.96) <sup>b</sup>
Low pain self-efficacy and coping (PSEQ < 30)	2.42 (1.56- 3.75) <sup>b</sup>
PODS moderate-high	10.36 (5.00-21.49) <sup>b</sup>
Mental health and substance use history	
Moderate-severe depression (PHQ)	7.12 (4.37-11.60) <sup>b</sup>
Moderate-severe GAD	5.85 (3.25-10.53) <sup>b</sup>
Childhood abuse/neglect	2.16 (1.22- 3.83) <sup>b</sup>
Lifetime ICD-10 substance dependence	2.87 (1.59- 5.17) <sup>b</sup>
≥ 200 mg OME per day	3.58 (2.04- 6.25) <sup>b</sup>

Abbreviations: GAD, generalized anxiety disorder; OME, oral morphine equivalent; PHQ, patient health questionnaire; PSEQ, pain self-efficacy score.

<sup>&</sup>lt;sup>a</sup>Note: Associations examined using generalised linear mixed models. <sup>b</sup>No. indicates significant at *P*<.05 level.

<sup>&</sup>lt;sup>c</sup>Accessibility/Remoteness Index of Australia Plus.

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