

## Supplementary Online Content

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### **eReferences.**

This supplementary material has been provided by the authors to give readers additional information about their work.

## eMethods

### Participants of the BioFINDER cohort

The healthy elderly participants without cognitive symptoms (n=318) were originally enrolled from the population-based EPIC cohort.<sup>1</sup> The inclusion criteria were (1) age  $\geq 60$  years old, (2) Mini-Mental State Examination (MMSE) score of 28-30 points, and (3) fluent in Swedish. The exclusion criteria were (1) presence of subjective cognitive impairment, (2) significant neurologic disease (for example, stroke, Parkinson's disease, multiple sclerosis), (3) severe psychiatric disease (for example, severe depression or psychotic syndromes), and (4) dementia or mild cognitive impairment (MCI).

The inclusion criteria for patients with subjective cognitive decline (SCD; n=195) or MCI (n=265) were that they (1) were referred to participating memory clinics because of cognitive complaints; (2) did not fulfill the criteria for dementia; (3) had a MMSE score of 24 to 30 points; (4) were aged 60 to 80 years; and (5) were fluent in Swedish. The exclusion criteria were (1) cognitive impairment that without doubt could be explained by another condition (other than prodromal dementia), such as brain tumor, brain trauma etc.; (2) severe somatic disease; and (3) refusing lumbar puncture or neuropsychological testing.

The patients with Alzheimer's disease (AD) dementia (n=64) fulfilled the NIA-AA criteria for probable AD<sup>2</sup> and in the present study we also required that all were A $\beta$  positive.

In agreement with the latest research criteria for AD<sup>3</sup>, the healthy elderly participants and patients with SCD were classified as cognitively unimpaired (CU, n=513).

### Participants of the independent validation cohort

All participants of this study were enrolled between 2000 and 2006 at two clinical sites in Germany (at the Geriatric and Rehabilitation Clinic of the Henriettenstift in Hannover and at the Neurological Clinic of the University of Ulm), as part of a prospective validation study of new biomarkers in CSF, blood and urine for the early diagnosis of AD. The inclusion criteria for the mild AD dementia group were: (1) fulfilling the DSM-IV<sup>4</sup> and NINCDS-ADRDA criteria for probable AD<sup>5</sup>, (2) MMSE score  $\geq 14$  and (3) Hachinski Ischaemia Scale score less than 4. The participants of the MCI group met the MCI criteria by Petersen<sup>6</sup> and fulfilled the following inclusion criteria: (1) memory complaints and difficulties that were verified by an informant who knew the patient well, (2) isolated episodic memory loss, (3) memory impairment of insidious onset and not caused by endogenous factors, (4) additional cognitive impairment not sufficient to warrant a diagnosis of dementia according to DSM-IV<sup>4</sup>, (5) not significantly impaired activities of daily living, (6) global CDR score of 0.5<sup>7</sup>, and (7) Hachinski Ischaemia Scale score less than 4. The inclusion criteria for the cognitively unimpaired (CU) controls were (1) no psychiatric diagnosis (DSM-IV axis 1 diagnosis), (2) no evidence of memory or other cognitive impairment, verified by a reliable informant and/or psychometric testing (3) no previous or current history of inflammatory, neoplastic or traumatic disorder of the peripheral or central nervous system, (4) no previous or current history of degenerative or ischaemic disorders of the nervous central system, and (5) no previous or current history of systemic disorders that may impact CSF analysis.

For all diagnostic groups, the following exclusion criteria were used: (1) DSM-IV axis 1 diagnosis other than those specified in the inclusion criteria, (2) anticoagulant drugs or continuously ( $>3$  months) treatment with COX-2 inhibitors, (3) treatment with antidepressants, antipsychotics or benzodiazepines for 30 days prior to sample collection, and (4) treatment with any drugs that may interfere with cognitive testing.

## **CSF and plasma procedures and analysis in BioFINDER**

### *CSF and plasma A $\beta$ (1–42), A $\beta$ (1–40) and total tau*

The cerebrospinal fluid (CSF) and plasma samples were analyzed using the Elecsys A $\beta$ 1–42 (A $\beta$ 42), A $\beta$ 1–40(A $\beta$ 40) and total tau (tau) immunoassays on a **cobas e 601** analyzer (software version 05.02) at the Clinical Neurochemistry Laboratory, University of Gothenburg, Sweden. CSF and plasma A $\beta$ 42 and tau assays were performed as previously described<sup>8,9</sup> with some modifications implemented for plasma samples. The Elecsys method is an antibody-based technique (which gives high analytical sensitivity), a sandwich immunoassay, based on one capture and one detection antibody (which increases the specificity). For that reason, it is performed on neat plasma, without any cleanup or pre-treatment step. In comparison to the CSF assays, other calibrators and controls were used for the plasma assay to overcome the different sample matrix and the different analyte levels in plasma. Chemically synthesized tau-antigen (same as for the CSF assay) was spiked into a protein-containing TRIS-buffer in concentrations of approx. 0, 30, 100, 500 and 5000 pg/ml. Chemically synthesized A $\beta$ 42-antigen (same as for the CSF assay) was spiked into horse serum in concentrations of approx. 0, 20, 50, 250 and 1200 pg/ml.

For A $\beta$ 40 analysis in plasma, 50  $\mu$ L of sample, a biotinylated monoclonal A $\beta$ 40 specific antibody (23C2) and a monoclonal  $\beta$ -Amyloid-specific antibody (3D6) labeled with a ruthenium complex were first co-incubated for 9 minutes to form a sandwich complex comprising the biotinylated antibody, A $\beta$ 40 and the ruthenylated antibody. In the second incubation step (9 minutes), streptavidin-coated microparticles (Elecsys® beads) were added to the mixture of the first incubation step and, as a result, the complex comprising the biotinylated antibody, A $\beta$ 40 and the ruthenylated antibody became bound to the solid phase via interaction of biotin and streptavidin. The reaction mixture was aspirated into the measuring cell where the microparticles were magnetically captured onto the surface of the electrode. Unbound substances were then removed with ProCell/ProCell M. Application of a voltage to the electrode then induced chemiluminescent emission which was measured by a photomultiplier. Samples concentrations were determined from a 5-point calibration curve. To generate calibrators, phosphate-buffered saline containing 0.4 g/L BSA was spiked with a chemically synthesized A $\beta$ 40 antigen, which contained both antibody recognizing epitopes 1-12 and 25-40. Following levels of A $\beta$ 40 were produced: 0, 250, 500, 2500 and 10.000 pg/ml. In comparison with the plasma application for the A $\beta$ 40 determination in CSF the same reagents were used, but only 20  $\mu$ L of sample were pipetted to the reaction mixture with the labeled antibodies and the target values of the calibrators were changed to 0, 1, 3, 9, and 30 ng/ml.

All calibrator sets were frozen at -80°C before use. A $\beta$ 42, A $\beta$ 40 and tau were measured individually from the same aliquot. The limits of quantification for A $\beta$ 42, A $\beta$ 40 and tau were 5.8 pg/mL, 9 pg/mL and 1 pg/mL, respectively. Intra-assay and inter-assay coefficient of variation are shown in eTable 1.

### *CSF and plasma NfL and NfH*

CSF and plasma neurofilament light chain (NfL) were analyzed at the Clinical Neurochemistry Laboratory, University of Gothenburg, Sweden as previously described.<sup>10</sup> CSF and plasma neurofilament heavy chain (NfH) were analysed using ELISA kit at Euroimmun AG, Lübeck, Germany according to manufacturer's recommendations. The lower limit of detection for CSF and plasma NfH were 27 pg/ml and 1.7 pg/ml, respectively with intra-assay and inter-assay coefficient shown in eTable 2.

## **CSF and blood procedures in the validation cohort**

Blood samples were collected at the same time as CSF samples. Lumbar puncture (LP) was performed according to the standards implemented in the clinical centers. CSF was collected into a neutral polypropylene tube (Sarstedt, 60.541.545) or similar device and was cooled on ice. Immediately, at the latest 30 minutes after puncture, cells were removed by centrifugation of CSF for 10 minutes at 2000 g and 4°C. The supernatant was transferred into a further polypropylene tube for freezing at -80°C. After transfer to Roche the tubes were thawed and aliquoted in polypropylene tubes (Sarstedt, 72.730.003) for long time storage at -80°C. All CSF samples had gone through two freeze-thaw cycles before the analysis.

Blood samples were also collected according to a standardized protocol. For each study participant, blood was collected in an EDTA-plasma tube (S-Monovette® Sarstedt) and centrifuged (2000g, +4°C) for 10 min. Following centrifugation, the plasma was immediately frozen at -80°C in Sarstedt Monovette tubes. After transfer to Roche the tubes were thawed and aliquoted in polypropylene tubes (Sarstedt, 72.730.003) for long time storage at -80°C. All plasma samples have gone through two freeze-thaw cycle before the analysis.

The current standardized protocol is consistent with recent findings that blood need to be centrifuged within 1 h and frozen shortly thereafter, however, up to three freeze/thaw cycles and five tube transfers do not affect plasma A $\beta$  and tau values.<sup>11</sup> Plasma and CSF A $\beta$ 42, A $\beta$ 40, total tau (tau) and phosphorylated tau (P-tau; only in CSF) were analyzed using the Elecsys immunoassays on a **cobas e 601** analyzer at Roche Diagnostics, Penzberg, Germany.

CSF and plasma A $\beta$ 42, A $\beta$ 40 and tau were analyzed the same way as in the BioFINDER cohort (see description under “CSF and plasma procedures and analysis in BioFINDER” in this online supplement).

## Statistical analysis

For 101 samples, plasma NfH levels were below the detection limit of the assay. These samples were assigned NfH values equal to the lower detection limit of the assay. Correlations between plasma and CSF biomarkers were examined with Spearman's correlation test. Group differences in the biomarker levels were first tested with one-way ANOVA and, when statistically significant, further investigated in univariate general linear models (GLM) adjusting for potential confounders with age and sex included as covariates. For group comparisons, p-values were corrected using the Bonferroni method. 95% confidence intervals (CI) of the AUCs were determined according to the DeLong method.<sup>12</sup>

## eResults

### *APOE genotype analysis*

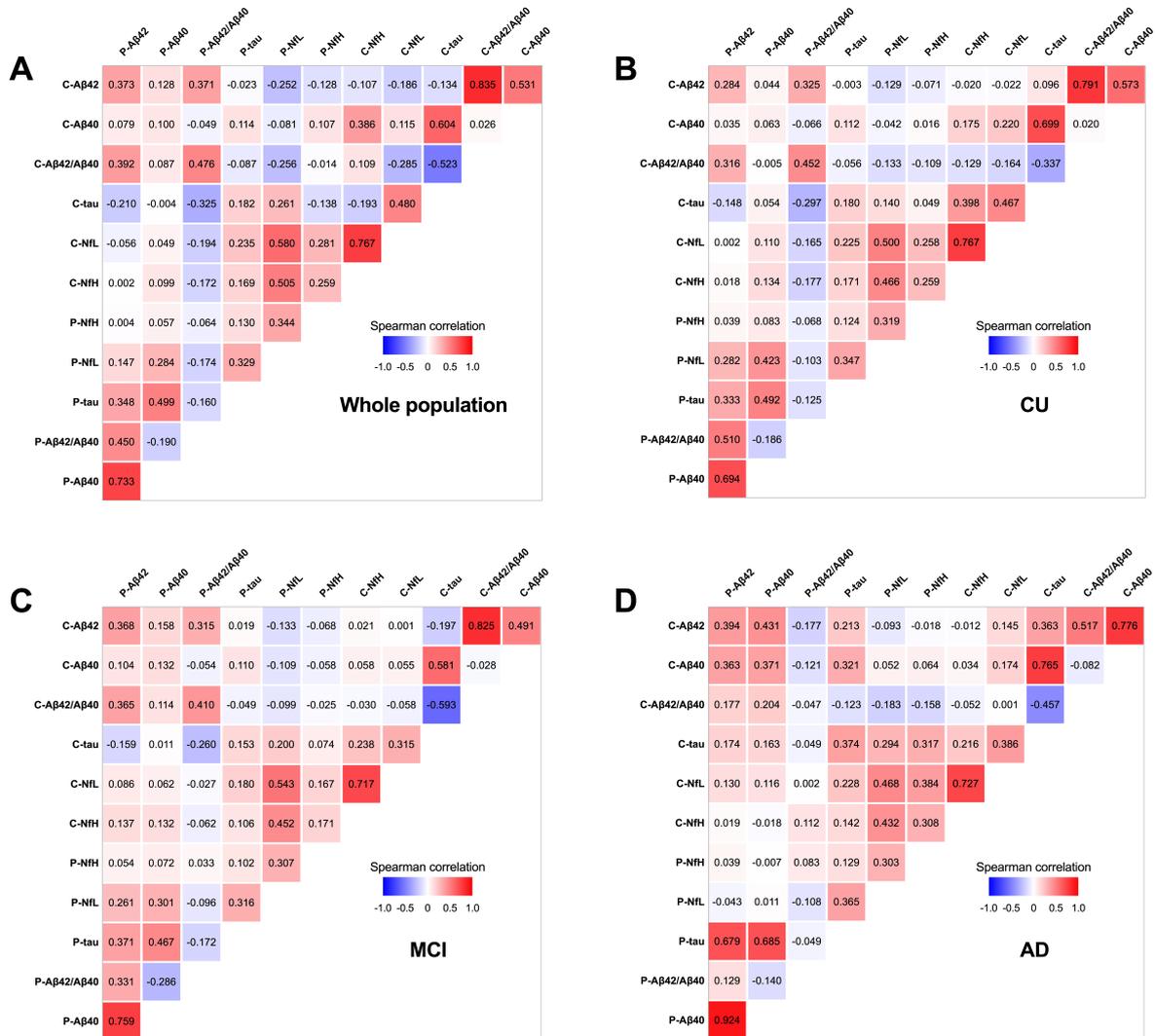
Four different APOE variables were created: Presence of A)  $\epsilon 2/\epsilon 2$  or  $\epsilon 2/\epsilon 3$ , B)  $\epsilon 3/\epsilon 3$ , C)  $\epsilon 2/\epsilon 4$  or  $\epsilon 3/\epsilon 4$ , and D)  $\epsilon 4/\epsilon 4$ . *APOE*  $\epsilon 3/\epsilon 3$  was the reference category in the logistic regression analysis. This grouping produced an AUC of 0.76 (95% CI 0.73-0.79; AIC 945) when predicting A $\beta$  positivity in the entire population (n=842). This grouping of *APOE* genotype was slightly better than alternative variants, such as a dichotomous coding of  $\epsilon 4$  presence (0 or 1; AUC 0.74, 95% CI 0.71-0.77; AIC 962) and number of  $\epsilon 4$  alleles (0, 1 or 2; AUC 0.75, 95% CI 0.72-0.78; AIC 947).

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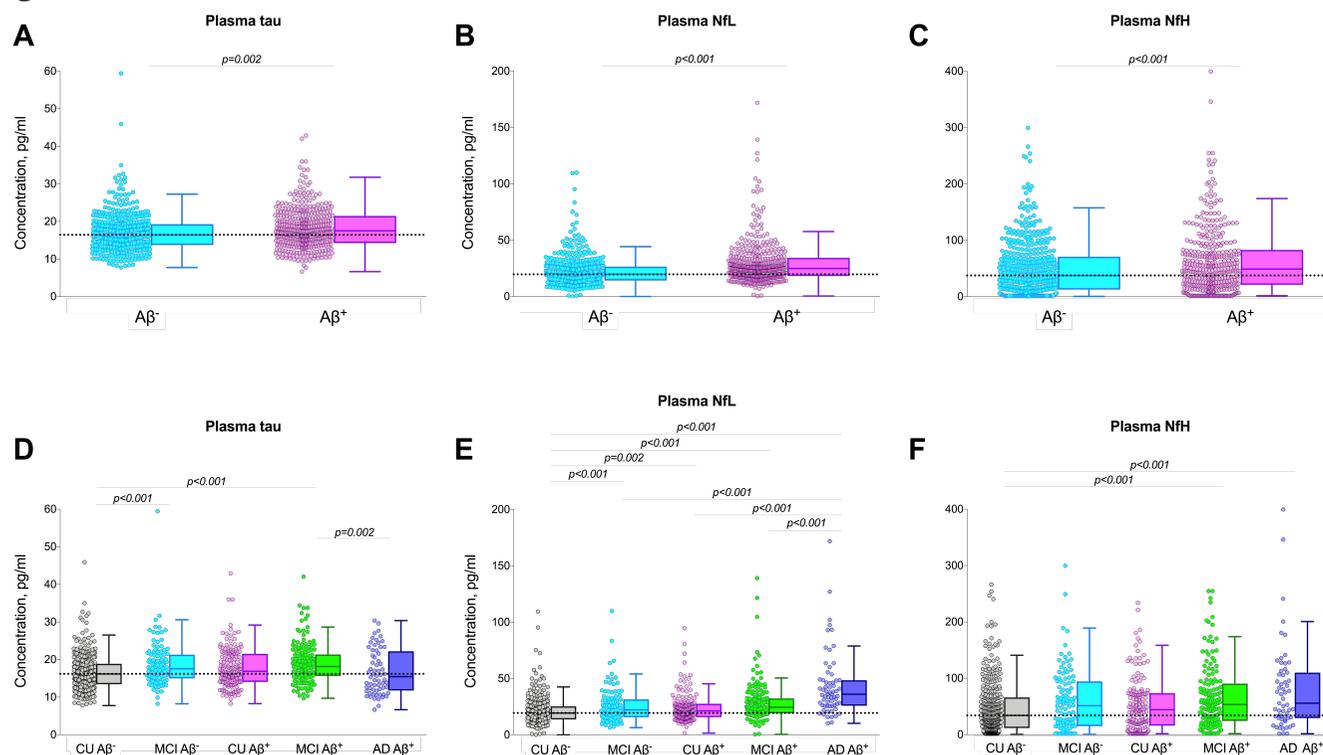
# eFigures

## eFigure 1



**Correlations between plasma and CSF biomarkers.** Heatmaps showing Spearman correlation coefficients between plasma (P) and CSF (C) biomarkers in the whole population (A) and in the CU (B), MCI (C) and AD (D) groups.

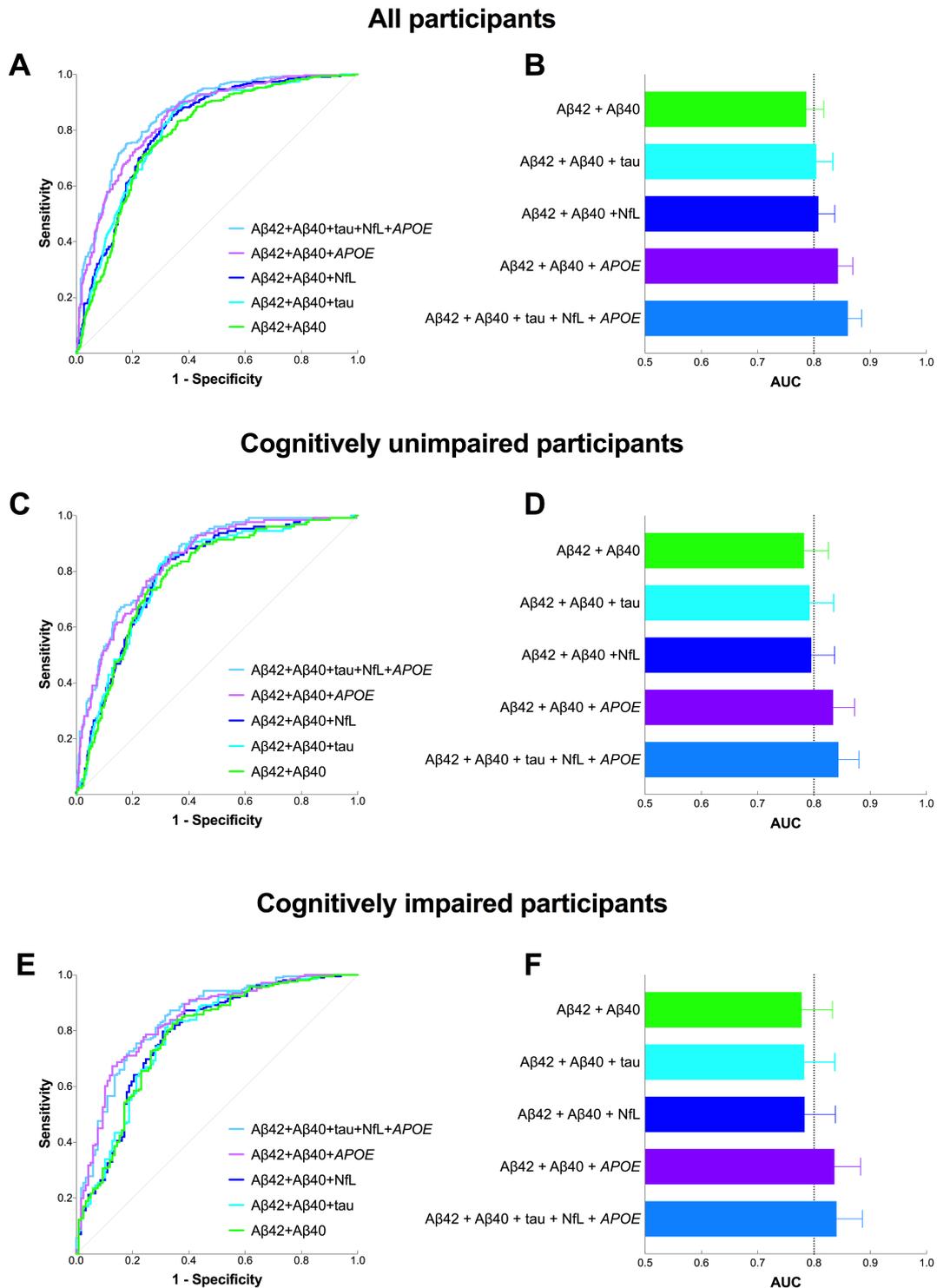
## eFigure 2



**Plasma biomarkers in diagnostic groups.** Plasma levels of tau (A), NfL (B) and NfH (C) in the Aβ<sup>+</sup> (CSF Aβ<sub>42</sub>/Aβ<sub>40</sub> ≤0.059) and Aβ<sup>-</sup> (CSF Aβ<sub>42</sub>/Aβ<sub>40</sub> >0.059) groups. Plasma levels of tau (D), NfL (E) and NfH (F) in cognitively unimpaired controls and MCI patients with normal (CU Aβ<sup>-</sup>, MCI Aβ<sup>-</sup>) and abnormal Aβ status (CU Aβ<sup>+</sup>, MCI Aβ<sup>+</sup>) and patients with AD dementia (AD Aβ<sup>+</sup>). The dotted lines indicate median levels in the CU Aβ<sup>-</sup> group. One case with NfL concentration of 728 pg/ml (CU Aβ<sup>+</sup> group) and 3 cases with NfH concentrations of 700, 573 and 456 pg/ml (CU Aβ<sup>-</sup> group) are not shown. P values are from Student t test (A-C) or one-way ANOVA (D-F); statistical significance was set to p<0.005 (0.05/10) to account for Bonferroni correction. NfL and NfH values were ln-transformed before the analysis. The significant findings were very similar when adjusting for age and sex except that there were no differences in NfL levels between AD Aβ<sup>+</sup> and MCI Aβ<sup>-</sup> (p=0.033) and between CU Aβ<sup>-</sup> and CU Aβ<sup>+</sup> (p=0.008).

Abbreviations: AD, Alzheimer's disease; CSF, cerebrospinal fluid. CU, cognitively unimpaired; MCI, mild cognitive impairment; NfH, neurofilament heavy; NfL, neurofilament light.

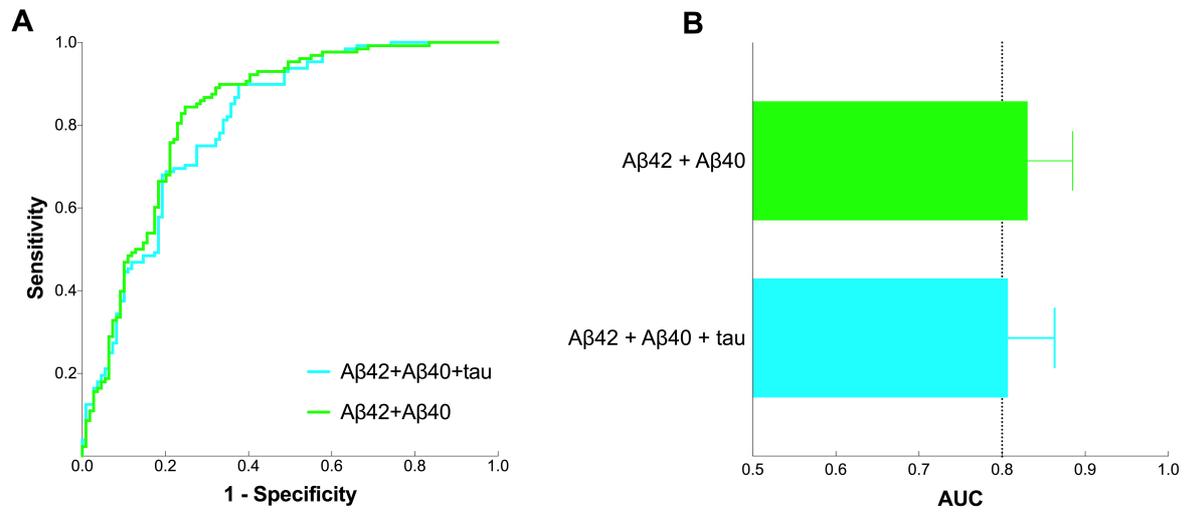
eFigure 3



**ROC analysis of plasma biomarkers using the ratio of CSF P-tau/A $\beta$ 42 as reference standard in BioFINDER.** ROC curves and corresponding AUCs for plasma A $\beta$  together with the additional predictors, APOE, plasma tau and NfL, to assess accuracy when predicting AD biomarker positivity (CSF P-tau/A $\beta$ 42  $\geq 0.022$ ) in the whole population (A and B, n=842), CU (C and D, n=513) and cognitively impaired (E and F, n=329). Error bars are shown as 95% CI.

Abbreviations: AUC, area under the curve; CI, confidence interval; NfL, neurofilament light; P-tau, phosphorylated tau; ROC, receiver operating characteristic.

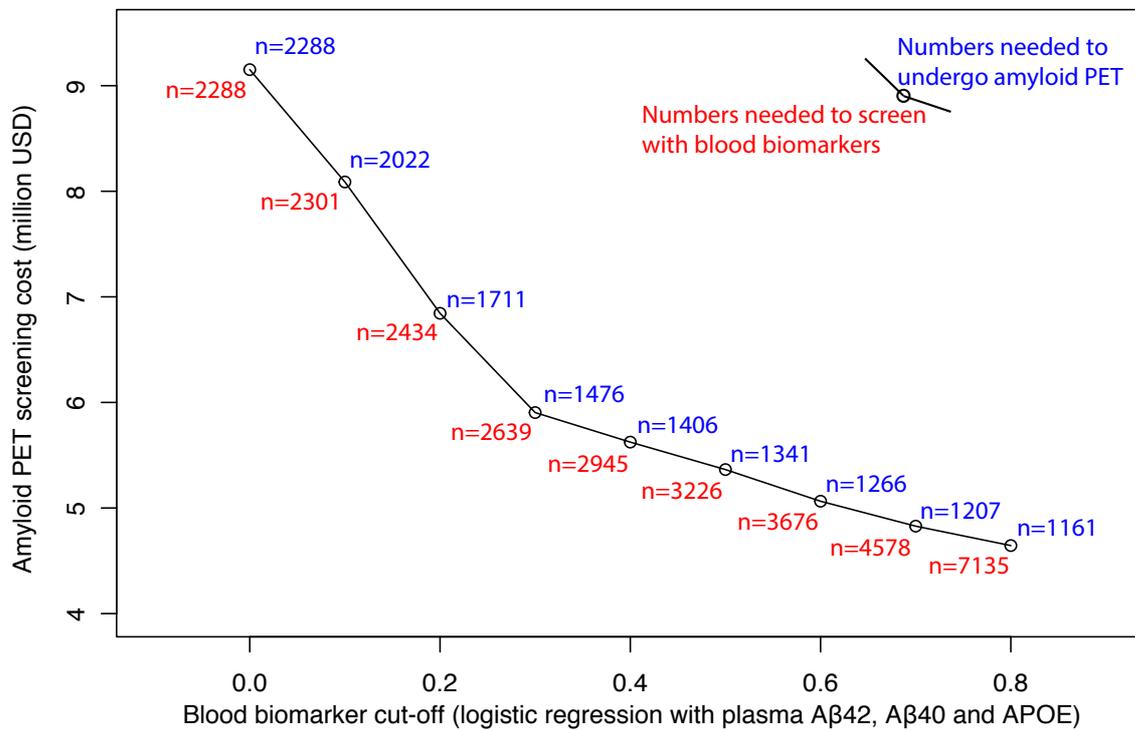
**eFigure 4**



**ROC analysis of plasma biomarkers using the ratio of CSF P-tau/Aβ42 as reference standard in the independent validation cohort.** ROC curves and corresponding AUCs for plasma Aβ together with plasma tau to assess accuracy when predicting AD biomarker positivity (CSF P-tau/Aβ42  $\geq 0.022$ ) in the whole validation population (n=237). Error bars are shown as 95% CI.

Abbreviations: AUC, area under the curve; CI, confidence interval; P-tau, phosphorylated tau; ROC, receiver operating characteristic

eFigure 5



**Implementation of plasma Aβ42, Aβ40 and APOE genotype in an AD trial screening scenario.** Here, we assumed the same prevalence of Aβ positivity as in the BioFINDER study (44%) and a trial design that required 1000 Aβ+ subjects to be enrolled using Aβ PET to verify the Aβ status (with an approximate cost of 4000 USD per PET scan<sup>13,14</sup>). The y-axis shows the total Aβ PET cost and the x-axis the biomarker cut-off (probability of being Aβ positive according to logistic regression model using plasma Aβ42, Aβ40 and APOE genotype). The line in the graph shows the PET screening cost as a function of the plasma biomarker cut-offs, with number needed to screen with a blood test in red on the left side (the pre-screening process) and number needed to undergo an Aβ PET scan to verify the Aβ status in blue on the right side (normal trial screening process). The cost for the plasma analysis is not yet known and could therefore not be included.

**eTABLES**

**eTable 1. Performance characteristics of the plasma A $\beta$ 42, A $\beta$ 40 and Tau Elecsys assays**

	<b>Concentration (pg/ml)</b>	<b>Intra-assay CV (%)</b>	<b>Inter-assay CV (%)</b>
<b>A<math>\beta</math>42</b>			
Sample 1	22	1.6	3.0
Sample 2	735	0.9	1.3
Sample 3	2986	1.0	1.3
<b>A<math>\beta</math>40</b>			
Sample 1	470	1.1	1.1
Sample 2	1330	1.4	1.1
Sample 3	6710	0.8	0.8
<b>Tau</b>			
Sample 1	10.3	1.3	2.1
Sample 2	826	0.9	1.0
Sample 3	3561	1.0	2.0

**eTable 2. Performance characteristics of CSF and plasma NfH assays**

	<b>Intra-assay</b>		<b>Inter-assay</b>	
	<b>Concentration (ng/ml)</b>	<b>CV (%)</b>	<b>Concentration (ng/ml)</b>	<b>CV (%)</b>
<b>CSF NfH</b>				
Sample 1	0.8	3.4	0.8	4.1
Sample 2	1.9	2.2	2.0	6.4
Sample 3	5.5	3.1	5.2	7.9
<b>Plasma NfH</b>				
Sample 1	71	4.0	71	4.7
Sample 2	351	6.0	312	6.9
Sample 3	816	4.7	615	10.6

**eTable 3. Associations between plasma and CSF biomarkers.**

	Total n=842	CU n=513	MCI n=265	AD n=64
A $\beta$ 42	0.373***	0.284***	0.368***	0.395**
A $\beta$ 40	0.100**	0.063	0.132*	0.371**
T-Tau	0.182**	0.180***	0.153*	0.374**
A $\beta$ 42/A $\beta$ 40	0.476**	0.452***	0.410***	-0.047
NfL <sup>a</sup>	0.580***	0.500***	0.543***	0.468***
NfH <sup>b</sup>	0.259***	0.259***	0.171**	0.308*

Data are shown as rho (p) from Spearman correlation; \* p<0.05, \*\* p<0.01, \*\*\* p<0.001.

Additional correlations can be found in eFigure 1. Abbreviations: NfH, neurofilament heavy chain; NfL, neurofilament light chain.

<sup>a</sup>Data were missing for CSF sample from 1 study participants. <sup>b</sup>Data were missing for from 21 study participants. Abbreviations: AD, Alzheimer's disease; CU, cognitively unimpaired; MCI, mild cognitive impairment.

**eTable 4. Area under the curves from logistic regression models for prediction of A $\beta$  positivity.**

<b>Plasma biomarkers</b>	<b>AUC (95% CI) Whole population (n=842)</b>	<b>AUC (95% CI) Cognitively unimpaired (n=513)</b>	<b>AUC (95% CI) Cognitively impaired (n=329)</b>
A $\beta$ 42	0.71 (0.68-0.75) AIC: 1040	0.71 (0.66-0.76) AIC: 570	0.72 (0.66-0.78) AIC: 374
A $\beta$ 40	0.54 (0.50-0.58) AIC: 1148	0.52 (0.46-0.58) AIC: 618 non-significant	0.57 (0.51-0.64) AIC: 411
Tau	0.56 (0.52-0.60) AIC: 1148	0.57 (0.51-0.63) AIC: 611	0.50 (0.44-0.57) AIC: 420 tau non-significant
NfL	0.64 (0.61-0.68) AIC: 1123	0.58 (0.53-0.64) AIC=609	0.62 (0.55-0.68) AIC: 417 NfL non-significant
A $\beta$ 42/A $\beta$ 40 ratio	0.77 (0.74-0.81) AIC: 1018	0.78 (0.73-0.82) AIC: 545	0.75 (0.69-0.81) AIC: 383
A $\beta$ 42, A $\beta$ 40	0.80 (0.77-0.83) AIC: 952	0.78 (0.74-0.83) AIC: 533	0.80 (0.74-0.85) AIC: 341
A $\beta$ 42, tau	0.77 (0.74-0.81) AIC: 965	0.77 (0.72-0.81) AIC: 536	0.75 (0.69-0.81) AIC: 362
A $\beta$ 42, NfL	0.78 (0.74-0.81) AIC: 983	0.77 (0.72-0.81) AIC: 543	0.75 (0.69-0.80) AIC: 370
A $\beta$ 42, APOE	0.82 (0.79-0.84) AIC: 887	0.81 (0.77-0.85) AIC: 497	0.81 (0.76-0.86) AIC:331
A $\beta$ 42, A $\beta$ 40, tau	0.81 (0.78-0.84) AIC: 925	AUC 0.80 (0.76-0.84) AIC: 521	0.80 (0.75-0.86) AIC: 341 tau non-significant
A $\beta$ 42, A $\beta$ 40, NfL	0.82 (0.79-0.85) AIC: 921	0.80 (0.77-0.85) AIC: 521	0.81 (0.75-0.86) AIC: 340 NfL non-significant
A $\beta$ 42, A $\beta$ 40, APOE	0.85 (0.82-0.88) AIC: 831	0.84 (0.80-0.88) AIC: 466	0.84 (0.79-0.89) AIC: 315
A $\beta$ 42, A $\beta$ 40, tau, NfL	0.83 (0.80-0.85) AIC: 907	0.81 (0.76-0.84) AIC: 513	0.81 (0.75-0.86) AIC: 341 tau and NfL non-significant
A $\beta$ 42, A $\beta$ 40, tau, APOE	0.86 (0.83-0.88) AIC: 811	0.85 (0.81-0.88) AIC: 457	0.84 (0.79-0.89) AIC: 315 tau non-significant
A $\beta$ 42, A $\beta$ 40, NfL, APOE	0.86 (0.84-0.89) AIC: 805	0.85 (0.81-0.88) AIC: 457	0.84 (0.79-0.89) AIC: 314 NfL non-significant
A $\beta$ 42, A $\beta$ 40, tau, NfL, APOE	0.87 (0.84-0.89) AIC: 795	0.85 (0.82-0.89) AIC: 451	0.84 (0.79-0.89) AIC: 315 tau and NfL non-significant

AUCs (95% CIs) from logistic regression models for predicting A $\beta$  positivity (CSF A $\beta$ 42/A $\beta$ 40  $\leq$ 0.059). Plasma NfL data are shown separately in eTable 5 due to missing data in 21 cases. AIC shows the model fit in relation to the number of variables (lower = better within the same population). Cognitively impaired consisted of MCI and AD participants (see Table 1). Abbreviations: AIC, Akaike information criterion; AUC, area under the ROC

curve; CI, confidence interval; CU, cognitively unimpaired; MCI, mild cognitive impairment; NfH, neurofilament heavy chain; NfL, neurofilament light chain; ROC, receiver operating characteristic.

**eTable 5. Plasma NfH as additional predictor for A $\beta$  positivity.**

<b>Plasma biomarkers</b>	<b>AUC (95% CI) Whole population (n=821)</b>	<b>AUC (95% CI) Cognitively unimpaired (n=504)</b>	<b>AUC (95% CI) Cognitively impaired (n=258)</b>
A $\beta$ 42	0.71 (0.68-0.75) AIC: 1016	0.70 (0.65-0.75) AIC: 562	0.72 (0.66-0.78) AIC: 362
A $\beta$ 40	0.53 (0.49-0.58) AIC: 1120	0.52 (0.46-0.57) AIC: 607 non-significant	0.57 (0.50-0.63) AIC: 400
tau	0.57 (0.53-0.61) AIC: 1118	0.57 (0.51-0.62) AIC: 601	0.49 (0.43-0.56) AIC: 408 non-significant
NfH	0.57 (0.53-0.61) AIC: 1122	0.54 (0.49-0.60) AIC: 607 non-significant	0.55 (0.48-0.62) AIC: 406 non-significant
A $\beta$ 42, A $\beta$ 40, <i>APOE</i>	0.85 (0.82-0.87) AIC: 815	0.84 (0.80-0.88) AIC: 460	0.84 (0.79-0.88) AIC: 307
A $\beta$ 42, A $\beta$ 40, <i>APOE</i> , NfH	0.85 (0.82-0.88) AIC: 814 NfH non-significant	0.84 (0.80-0.88) AIC: 462 NfH not significant	0.84 (0.79-0.89) AIC: 306 NfH not significant
A $\beta$ 42, A $\beta$ 40, <i>APOE</i> , tau	0.86 (0.83-0.88) AIC: 796	0.85 (0.81-0.88) AIC: 453	0.84 (0.79-0.89) AIC: 307 tau non-significant
A $\beta$ 42, A $\beta$ 40, <i>APOE</i> , tau, NfH	0.86 (0.83-0.88) AIC: 796 NfH not significant	0.85 (0.81-0.88) AIC: 455 NfH not significant	0.84 (0.79-0.89) AIC: 306 tau and NfH not significant

AUCs from logistic regression models for predicting A $\beta$  positivity (CSF A $\beta$ 42/A $\beta$ 40  $\leq$ 0.059). The analyses were performed using the subset where plasma NfH data were available (n=821). All AD subjects were per definition A $\beta$ + and could therefore not be examined separately. Results are shown as areas under the ROC curves (95% CI). The models are sorted based on AUC in the whole population.

Abbreviations: AIC, akaike information criterion; AUC, area under the curve; CI, confidence interval; CU, cognitively unimpaired; MCI, mild cognitive impairment.

**eTable 6. Area under the curves from logistic regression models for prediction of A $\beta$  positivity in the younger and older half of the BioFINDER cohort.**

Plasma biomarkers	AUC (95% CI) younger (n=428) AIC: 465	AUC (95% CI) older (n=414) AIC: 465
A $\beta$ 42, A $\beta$ 40	0.81 (0.77-0.85) AIC: 465	0.79 (0.75-0.84) AIC: 465
A $\beta$ 42, A $\beta$ 40, tau	0.82 (0.78-0.86) AIC: 456	0.81 (0.77-0.85) AIC: 456
A $\beta$ 42, A $\beta$ 40, NfL	0.83 (0.79-0.87) AIC: 451	0.81 (0.77-0.85) AIC: 451
A $\beta$ 42, A $\beta$ 40, <i>APOE</i>	0.85 (0.82-0.89) AIC: 413	0.86 (0.82-0.89) AIC: 413
A $\beta$ 42, A $\beta$ 40, <i>APOE</i> , tau, NfL	0.87 (0.83-0.90) AIC: 402 tau not significant	0.88 (0.84-0.91) AIC: 384 NfL not significant

AUCs from logistic regression models for predicting A $\beta$  positivity (CSF A $\beta$ 42/A $\beta$ 40  $\leq$ 0.059) in the younger half of the cohort (60-72 years), and the older half of the cohort (73-88 years). Results are shown as areas under the ROC curves (95% CI). AIC shows the model fit in relation to the number of variables (lower = better within the same population). Abbreviations: AIC, Akaike information criterion; AUC, area under the curve; CI, confidence interval; CU, cognitively unimpaired; MCI, mild cognitive impairment.

**eTable 7. Demographic and clinical data of the German validation cohort**

	CU n=34	MCI n=109	AD dementia n=94	Whole population n=237
<b>Sex, F/M</b>	24/10	41/68	55/39	120/117
<b>Age, years</b>	59 (11)	65 (9)	70 (9)	66 (10)
<b>MMSE</b>	29 (1.4)	27 (1.9)	24 (2.1)	26 (2.5)
<b>Amyloid positivity [%]</b>	18	48	80	56
<b>CSF</b>				
<b>A<math>\beta</math>42, pg/mL</b>	1133 (410)	898 (436)	672 (335)	842 (424)
<b>T-tau, pg/mL</b>	230 (113)	277 (166)	365 (159)	305 (164)
<b>A<math>\beta</math>40, ng/mL</b>	18.3 (6.7)	16.4 (6.1)	17.9 (6.4)	17.3 (6.3)
<b>A<math>\beta</math>42/A<math>\beta</math>40</b>	0.064 (0.016)	0.056 (0.021)	0.040 (0.017)	0.050 (0.021)
<b>P-tau/A<math>\beta</math>42</b>	0.021 (0.021)	0.041 (0.054)	0.061 (0.046)	0.046 (0.049)
<b>Plasma</b>				
<b>A<math>\beta</math>42, pg/mL</b>	30.1 (6.5)	27.3 (6.5)	26.1 (6.5)	27.2 (6.6)
<b>T-tau, pg/mL</b>	13.8 (4)	14.2 (4.7)	15.3 (4.5)	14.6 (4.5)
<b>A<math>\beta</math>40, ng/mL</b>	0.439 (0.102)	0.415 (0.113)	0.437 (0.106)	0.427 (0.109)
<b>A<math>\beta</math>42/A<math>\beta</math>40</b>	0.071 (0.016)	0.068 (0.011)	0.061 (0.012)	0.066 (0.013)

A $\beta$  status was defined based on a CSF A $\beta$ 42/A $\beta$ 40 cutoff of  $\leq$ 0.059. Data are shown as mean (SD) unless otherwise specified.