Supplementary Online Content


**eMethods.** Questionnaire Translated into English

This supplementary material has been provided by the authors to give readers additional information about their work.
Baseline questionnaire

Code: ……………………

1. Gender? male / female*

2. Date of birth? ……../……../…………. (dd/mm/yyyy)

3. Ethnicity? …………………………………………………

4. Do you suffer from tinnitus?
   a. Yes, regularly spontaneous (without loud music)
   b. Yes, after listening loud music or sounds
   c. No, never

5. How often do you visit nightclubs/discotheques, outdoor festivals or music concerts?
   a. Twice a week
   b. Once a week
   c. Twice a month
   d. Less than once a month
   e. Less than once a quarter

6. Did you ever use earplugs during visiting nightclubs/discotheques, outdoor festivals or music concerts?
   a. Yes, often
   b. Yes, sometimes
   c. No, never
7. How often do you listen to music with headphones or earplugs per week?
   a. Often (>20 hours)
   b. Regular (10-20 hours)
   c. Sometimes (5-10 hours)
   d. Sporadic (0-5 hours)
   e. Never
Tinnitus questionnaire

Code: ………………..

1. Do you suffer from tinnitus at this moment?
   Yes/No *

You should only answer next questions if you filled in ‘Yes’ at the previous question

2. In which ear do you suffer from tinnitus?
   a. Only the left ear
   b. Only the right ear
   c. In both ears

3. From 0 to 10, how loud is the tinnitus?

4. From 0 to 10, how annoying is the tinnitus?

5. From 0 to 10, what pitch is the tinnitus?

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Questionnaire after festival visit

Code: ………………..

Time:

1. How long did your festival visit last?
   ……hours and…….min.

2. Did you consume alcohol?
   yes / no *

   If yes, how many units?
   ………………. units

3. Did you use drugs?
   yes / no *

4. If yes, what drugs?
   ………………………………….

5. How did you experience the music?
   a. Too soft
   b. Good
   c. Too loud

6. What do you think of your hearing? (compared to before the festival visit)
   a. Better
   b. Equal
   c. Worse

7. With reference to the stages, where have you been at the venue?
   a. ≥75% at the stages
   b. 50-75% at the stages
   c. 25-50% at the stages
   d. <25% at the stages

8. How frequent did you stay near the loudspeakers? (<10 metres)
a. ≥75% of the time
b. 50-75% of the time
c. 25-50% of the time
d. <25% of the time
You should only answer the following questions, if you were assigned to the earplug group during the festival visit:

9. How did you appreciate the music with earplugs? (compared to not using earplugs)
   a. Very pleasant
   b. Equally pleasant
   c. Less pleasant

10. How well could you understand other people? (compared to not using earplugs)
    a. Better
    b. Equal
    c. Worse

11. Concerning comfort, what did you think of using the earplugs?
    a. Comfortable
    b. Irritating after some time
    c. Irritating immediately

12. How long did you use the earplugs?
    a. The whole time
    b. Most of the time
    c. Less than half of the time
    d. Barely

13. Would you use the earplugs again?
    a. Yes
    b. Maybe
    c. No
    Why not? …………………………………………………
**Tinnitus questionnaire**

Code: ………………..

1. Do you suffer from tinnitus at this moment?
   Yes/No *

You should only answer next questions if you filled in ‘Yes’ on the previous question

2. In which ear do you suffer from tinnitus?
   a. Only the left ear
   b. Only the right ear
   c. In both ears

3. From 0 to 10, how loud is the tinnitus?

   ![Loudness Scale]

   Extremely soft 0 Extremely loud 10

4. From 0 to 10, how annoying is the tinnitus?

   ![Annoyance Scale]

   Not annoying 0 Extremely annoying 10

5. From 0 to 10, what pitch is the tinnitus?

   ![Pitch Scale]

   Extremely low 0 (murmur) Extremely high 10 (whistle)