
eFigure 1. Flow Diagram of Inclusion and Follow-up of Participants in this Study
eFigure 2. Distribution of Total Number of Follow-up vs Age at Baseline
eFigure 3. Distribution of Years of Follow-up vs Age at Baseline

This supplementary material has been provided by the authors to give readers additional information about their work.
**eFigure 1. Flow Diagram of Inclusion and Follow-up of Participants in this Study**

EHCs, Elderly Health Centres; C-MMSE, Cantonese version of the Mini-mental State Examination

18,298 attended EHCs from January to June 2005

- 15,582 were included in this study
- 2,716 were excluded because they were non-Chinese, living in care homes, having Parkinson's disease, stroke or dementia, scoring below education-specific cutoff on C-MMSE, and/or unable to describe their leisure activity pattern
- 3,656 defaulted follow-up after 2008
- 15,926 had at least one follow-up assessment after 2008 at EHCs
- 2,597 were traced in 2011 for follow-up
- 874 were interviewed by geriatric psychiatrists:
  - 501 were interviewed at EHCs
  - 233 were interviewed at home
  - 140 were interviewed by phone
- 7 attended EHCs by themselves for assessment after tracing
- 1,716 did not have interview:
  - 90 were reported to be dead upon tracing
  - 1,626 could not be traced or declined for interview
- 1,059 were registered dead
- 1,2807 completed cognitive examination
- 1,149 were dead
eFigure 2. Distribution of Total Number of Follow-up vs Age at Baseline
**eFigure 3.** Distribution of Years of Follow-up vs Age at Baseline