Supplemental Online Only Material


eAppendix. Case Report Forms for Hand and Arm Pain, Hand Strength, and Hand Sensory Function

This supplementary material has been provided by the authors to give readers additional information about their work.
eAppendix. Case Report Forms for Hand and Arm Pain, Hand Strength, and Hand Sensory Function
6. Do you have numbness anywhere in your right hand or forearm?
   - [ ] I do not have right hand or forearm numbness
   - [ ] Very numb, small area
   - [ ] Moderately numb, small area (area of silver dollar)
   - [ ] Very numb, large area
   - [ ] Moderately numb, large area (larger than silver dollar)

7. Do you have tingling sensations anywhere in your right hand or forearm?
   - [ ] I do not have right hand or forearm pain tingling
   - [ ] Severe tingling, small area
   - [ ] Mild tingling, small area (area of silver dollar)
   - [ ] Severe tingling, large area
   - [ ] Mild tingling, large area (larger than silver dollar)

8. Do you have weakness in your right hand or forearm?
   - [ ] I do not have right hand or forearm weakness
   - [ ] Moderate weakness
   - [ ] Mild weakness
   - [ ] Severe weakness

9. Do you have difficulty using small objects such as keys or pens with your right hand?
   - [ ] I do not have difficulty
   - [ ] Moderate difficulty
   - [ ] Mild difficulty
   - [ ] Severe difficulty
HAND PAIN AND FUNCTION FORM
Form 10 (Page 3 of 4), CSP #474: CABG Study

B. LEFT HAND AND ARM

1. Do you have left hand or forearm pain?
   - [ ] I do not have left hand or forearm pain
   - [ ] Moderate pain
   - [ ] Mild pain
   - [ ] Severe pain

2. If you have left hand or forearm pain, does it wake you up at night?
   - [ ] I do not have left hand or forearm pain at night
   - [ ] 2-3 times a night
   - [ ] Once a night
   - [ ] 4 or more times a night

3. If you have left hand or forearm pain, how bad is it during the day time?
   - [ ] I do not have left hand or forearm pain during the day
   - [ ] Moderate pain during the day
   - [ ] Mild pain during the day
   - [ ] Severe pain during the day

4. If you have left hand or forearm pain, how long on average does a painful episode last?
   - [ ] I do not have left hand or forearm pain
   - [ ] 10-60 minutes
   - [ ] Less than 10 minutes
   - [ ] Over 60 minutes

5. Do you have left hand cold intolerance?
   - [ ] I do not have left hand cold intolerance
   - [ ] Moderate symptoms: I avoid allowing my hand to become cold during the entire winter. Occasional indoor attacks.
   - [ ] Mild symptoms: I avoid allowing my hand to become cold on the coldest winter days. Symptoms only outside.
   - [ ] Severe symptoms: I wear gloves during the day at home, and get symptoms in the spring and fall as well.

Staff Initials
   - [ ] F
   - [ ] M
   - [ ] L

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HAND PAIN AND FUNCTION FORM
Form 10 (Page 4 of 4), CSP #474: CABG Study

Patient ID  Patient Initials  Visit
Hospital  F  M  L

Visit Date
Month  Day  Year

6. Do you have numbness anywhere in your left hand or forearm?
   - I do not have left hand or forearm numbness
   - Mildly numb, small area (area of silver dollar)
   - Mildly numb, large area (larger than silver dollar)
   - Very numb, small area
   - Very numb, large area

7. Do you have tingling sensations anywhere in your left hand or forearm?
   - I do not have left hand or forearm pain tingling
   - Mild tingling, small area (area of silver dollar)
   - Mild tingling, large area (larger than silver dollar)
   - Severe tingling, small area
   - Severe tingling, large area

8. Do you have weakness in your left hand or forearm?
   - I do not have left hand or forearm weakness
   - Mild weakness
   - Moderate weakness
   - Severe weakness

9. Do you have difficulty using small objects such as keys or pens with your left hand?
   - I do not have difficulty
   - Mild difficulty
   - Moderate difficulty
   - Severe difficulty

Staff Initials  F  M  L

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